

## **Digital Resource Guide for Families**

Al-Anon Family Groups Help and hope for families and friends of alcoholics

If someone else's drinking or drug use is bothering you, Al-Anon can help. Call 1-888-490-1970. https://al-anon.org



As one of the largest locally managed care organizations in West Virginia, The Health Plan has a 40-year history of community and charitable giving. From sponsorship of local youth-focused asthma and diabetes camps to college scholarship programs and sponsorships of dozens of community events throughout the region, The Health Plan strives to make a positive and healthy impact throughout the geographic regions that we serve. https://www.youthservicessystem.org/ uploads/4b\_2021 MEDICAID MHT-CHIPMedicaidMHT\_WVHB.PDF

## Youth Opportunities Unlimited

This program serves youth 14-24 in Hancock, Brooke, Ohio, Marshall, Wetzel & Tyler counties, connecting them with work sites, training, tutoring, mentoring and more.

https://www.youthservicessystem.org/uploads/ sn WORKFORCEPOS-TERRevised4-20pdf.pdf



CHANGE, Inc.'s mission is to build partnerships, consolidate resources and integrate services to empower families to overcome the causes of poverty and live healthy lives. <u>http://changeinc.org</u>



Aetna Better Health® of West Virginia

Aetna, Better Health of WV, is one of the three Medicaid plan options for West Virginians. We are excited to now welcome WVCHIP members to our health plan. <u>https://www.aetnabetterhealth.com/westvirginia/#</u>



The Gabriel Project of West Virginia's mission is practical and compassionate assistance to needy pregnant women and families with children 2 years of age and younger. Through our caring efforts and tangible support, we help children in impoverished families to have a healthy, safe start in life. <u>http://www.gabrielwy.org</u>



Northwood Health Systems is a non-profit, comprehensive behavioral health center serving Ohio, Marshall, Wetzel, Brooke and Hancock counties in the Northern Panhandle of West Virginia. Northwood is available 24 hours per day, 7 days per week with a comprehensive array of services. https://www.northwoodhealth.

com



24/7 National Suicide Lifeline: Call 1-800-273-8255; Text HELP to 741-741. <u>https://www.youthservicessystem.org/uploads/ ym PreventSuicideWV-Flyer[32].pdf</u>

NPHS Inc. is an early childhood development program serving families with

children ages birth to 5 who reside in Hancock, Brooke Ohio, Marshall or Wetzel Counties in WV. Special programming is offered to pregnant women with a seamless transition for the newborn to the program. School read-



iness begins at birth and is offered by early learning professionals through age appropriate classroom settings as well as in-home services. <u>http://npheadstart.org</u>





4-H is a free, educational program for West Virginia youths in all 55 counties. West Virginia 4-H is a club for kids and teens. But 4-H is like no club you've ever seen before. Today's 4-H programs expose kids to concepts in science, engineering, technology, citizenship and healthy lifestyles through summer learning activities, camps and leadership experiences. Club members may also learn about higher education opportunities and even be eligible for scholarships offered by the WVU Extension Service. <u>https://extension.wvu.edu/Ohio</u>



Sexual Assault Help Center, Inc.

The Upper Ohio Valley Sexual Assault Help Center, Inc. (SAHC) is a non-profit community based rape crisis center serving the northern pandhandle of WV. SAHC provides 24/7 services to individuals who have experienced sexual violence, human trafficking and/or stalking. The services are free and confidential to anyone. https://www.sexualassaulthelpcenter.com/



YSS Recovery Homes provide people in recovery from alcohol and substance use disorders with housing, support and a safe community in which to practice their recovery. https://tinyurl.com/yssrecoveryhomes



Community Impact Coalition at YSS is a community-supported substance use prevention initiative open to all those who live and work in Ohio County. Impact's membership focuses on 12 sectors: youth; parents; law enforcement; schools; businesses; media; youth-serving organizations; religious and fraternal organizations; civic and volunteer groups; healthcare professionals; state, local, and tribal agencies with expertise in substance abuse; and other organizations involved in reducing substance use. http://communityimpactcoali-<u>tion.com</u>

The Ohio County Family Resource Network responds to the needs of Ohio County by partnering with community members as well as public and private organizations to plan and implement innovative projects



The Youth Mentoring Network provides children facing adversity, a strong and enduring, professionally supported one-to-one relationship that enhances their lives. This program is designed for youth ages 6-17 who are experiencing one or more risk factors, such as: residing in a single

parent home, low self-esteem, academic challenges, etc.

https://youthmentoring. youthservicessystem.org/



to fill gaps in services and provide information and resources to the community. The FRN provides an extensive local resource guide, accessible at: https://ocfrn.com/resources

## **Family Coordinators**



Regional Family Coordinators throughout WV work to provide resources to communities to help enable families to care for a variety of needs, to enhance S the quality of life for every family, and provide families with the supports they need to become even more resilient.

https://www.youthservicessystem.org/resources/wv-regional-family-coordinators-flier/570



substances, feel healthier and more productive, regain confidence? Peer Recovery Support Specialists can provide motivation, coping skills and a framework for reaching your life goals. https://tinyurl.com/peerrecovery



The Seeing Hand Association provides services to visually impaired individuals based on their needs. Some of the services that we offer are computer learning, orientation and mobility, and daily life skills. http://www.seeinghandasso-<u>ciation.com</u>



The House of the Carpenter is a Christ-centered charity affiliated with the West Virginia Conference of the United Methodist Church. We provide basic needs (food, clothing, utility assistance) and educational programs (cooking, music lessons, art classes) for children, youth, and adults. With the addition of the New Toni and Nancy Bedway Center for Youth, programs such as dance, archery, senior walking, camps, and many others will now be offered at no charge to our neighbors and friends from around the area. http://Houseofthecarpenter.com

Laughlin Chapel offers an afterschool program, Monday thru Thursday, 3 to 6 p.m. Transportation is provided from Madison, Ritchie, and Wheeling Middle Schools. After dinner, children are transported on the Chapel bus to their homes. There is no fee. The registration form is available on the Chapel website.



http://www.laughlinmemorialchapel.org



YSS is one of six Regional Youth Service Centers (RYSC) that coordinates community-based mental health and substance use services for youths and young adults aged 12-25 and partners with families and youths. These supports aim to help youths thrive in their homes, schools and communities. We provide substance use treatment services, including early detection and recovery support services, and other kinds of mental health treatment recovery and wellbeing services. RYSCs also connect families and caregivers with supports and services.

https://www.youthservicessystem.org/ uploads/ua\_RYSCFlier2021[75].pdf



YWCA Wheeling provides racial equity education and outreach to the community, as well as emergency shelters for female domestic violence and human trafficking victims, and safe housing alternatives for women experiencing homelessness and addiction. If you, or someone you love, are experiencing domestic violence please call our 24-hour free crisis hotline at: 1-800-698-1247. http://www.ywcawheeling.org

The mission of Cub Scouts is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Scout Law. The Cub Scouting program is open to boys and girls K-5. Join one of the many Cub Scout Packs in Ohio County. We will be signing up new scouts at the Wheeling Park Playground Shelter from 6:30 to 7:30 on September 14, 15, 20 and 21. Call or Text Robin at 304-639-9039. http://orvc-bsa.org/



At Wheeling Health Right, we provide free, comprehensive medical care and preventive health services to the uninsured and underinsured. We serve Brooke, Ohio, Marshall, Wetzel, and Tyler counties in West Virginia and Belmont County in Ohio. <u>http://www.wheelinghealthright.com</u> We at the West Virginia Division of Rehabilitation Services work to enable and empower individuals with disabilities to work and live independently by providing individualized services to consumers and employers. <u>https://wvdrs.org/</u>



The Wheeling Human Rights Commission provides for equal opportunity in the areas of employment, housing and public accommodation. Such protection is afforded to all persons without regard to race, religion, color, national origin, ancestry, sex, age, blindness, disability, familial status, veteran status, sexual orientation or gender identity. The HRC receives, investigates, and refers as necessary, complaints of discrimination in the City of Wheeling. <u>https://www.wheelingwv.gov/hrc</u>

